2010 State Profile — Vermont National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In Vermont, 42 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 4,489 clients in substance abuse treatment on March 31, 2010. The survey response rate in Vermont was 95.7%.

Facility Operation

			Clients in	Treatmen	t on March 31	, 2010
	Facilitie	es	All Clie	nts	Clients Unde	r Age 18
	No.	%	No.	%	No.	%
Private non-profit	30	71.4	3,728	83.0	351	88.0
Private for-profit	9	21.4	667	14.9	29	7.3
Local, county, or community government	1	2.4	20	0.4	19	4.8
State government	0	0.0	0	0.0	0	0.0
Federal government	2	4.8	74	1.6	0	0.0
Dept. of Veterans Affairs	2	4.8	74	1.6	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	42	100.0	4,489	100.0	399	100.0

Primary Focus of Facility

			Clients in	Treatmen	t on March 31	, 2010
	Facilit	ies	All Clie	nts	Clients Unde	er Age 18
	No.	%	No.	%	No.	%
Substance abuse treatment services	20	47.6	1,885	42.0	47	11.8
Mental health services	3	7.1	47	1.0	19	4.8
Mix of mental health & substance abuse						
treatment services	19	45.2	2,557	57.0	333	83.5
General health care	0	0.0	0	0.0	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
Total	42	100.0	4,489	100.0	399	100.0

Substance Abuse Problem Treated

			Clients in Treatment on March 31, 2010		
	Facilities ^{1,}	, 2, 3	Clients ³		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	36	97.3	2,205	49.1	396
Clients with drug abuse only	34	91.9	1,415	31.5	267
Clients with alcohol abuse only	32	86.5	869	19.4	163
Total ²	37		4,489	100.0	825

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question:

³ Sum of individual items may not agree with the total due to rounding.

Type of Care			Clie	ents in Trea	atment on M	March 31, 2010	
	Facilities	1		I Clients		Clients Under A	ge 18
				of	Median No. Clients Per		
	No.	%	No.	%	Facility	No.	•
Outpatient	35	83.3	4,195	93.5	84	360	90.
Regular	35	83.3	3,201	71.3	84		
Intensive	15	35.7	348	7.8	14		
Day treatment/partial hospitalization	5	11.9	95	2.1	23		
Detoxification	6	14.3	15	0.3	4		
Methadone/buprenorphine	7	16.7	536	11.9	61	•	_
Residential (non-hospital)	6	14.3	121	2.7	22	0	0.
Short term	2	4.8	47	1.0	24		
Long term	3	7.1	62	1.4	25		
Detoxification	3	7.1	12	0.3	2		
Hospital Inpatient	5	11.9	173	3.9	28	39	9.
Treatment	4	9.5	125	2.8	31		
Detoxification	5	11.9	48	1.1	7		
Total	42		4,489	100.0	70	399	100.
Facilities with OTPs	9	8.0			_	Facilities ¹	
Clients in Facilities with OTPs		ŀ	A linta al non			No.	00
	525	60.0	Any listed age			38	90.
Methadone Burronorphine	339	60.8 39.2	State substan			34 19	81. 45.
Buprenorphine Total	ააყ 864	100.0	State mental h State departm	•		23	45. 54.
TOTAL Percentage of all OTP facilities that are in this State or jui		100.0	Hospital licens			23 6	54. 14.
recentage of all OTF facilities that are in this state of jul	isaiction.		The Joint Con	_	.y	10	23.
Facility Dayment Ontions			CARF ²	111131011		_	
Facility Payment Options	F 1114	1				15	35.
	Facilities		NCQA ³			3	7.
01	No.	%	COA ⁴	1 . 4	(0	2	4.
Cash or self-payment	40 25	95.2	Other State/Lo	ocai Agency	//Org	4	9.
Private health insurance	35	83.3	1 =			,	
Medicare Medicaid	26 37	61.9	² Commission on	=		gency/organization.	
		88.1	National Commi			racilities	
Other State-financed health insurance Federal military insurance	29 26	69.0 61.9	⁴ Council on Accr		Assurance		
			Council on Acci	euitation			
Access to Recovery (ATR) vouchers ²	N/A	N/A	Facility Fun	ding		F984	
No payment accepted	0	0.0			_	Facilities	
Accepts other payments	0	0.0	Receives Fed	toral State	county	No.	
Sliding fee scale Treatment at no charge for clients who	35	83.3	or local gove		-		
cannot pay	27	64.3	substance ab				
oaior pay	۷.	54.5	programs	use nealill	511L	29	69.
1=							
¹ Facilities may accept more than one type of payment. ² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID,	II IN						

	Facilitie	
Types of Services Offered	No.	9
Assessment and Pre-Treatment Services	42	100.
Screening for substance abuse	42	100. 83.
Screening for mental health disorders Comprehensive substance abuse assessment/diagnosis	35 41	83. 97.
Comprehensive mental health assessment/diagnosis	28	97. 66.
Outreach to persons in the community who may need treatment	26	61.
Interim services for clients when immediate admission is not possible	22	52.
Testing	41	97.
Breathalyzer/blood alcohol testing	31	73.
Drug or alcohol urine screening	40	95.
Screening for Hepatitis B	14	33.
Screening for Hepatitis C	14	33.
HIV testing	16	38.
STD testing	13	31.
TB screening	15	35.
Counseling	42	100.
Individual counseling	41	97.
Group counseling	42	100.0
Family counseling	37	88.
Marital/couples counseling	33	78.
Transitional Services	41	97.
Discharge planning	39	92.
Aftercare/continuing care	40	95.
Pharmocotherapies	33	78.
Antabuse®	19	45.
Naltrexone	20	47.
Campral®	16	38.
Nicotine replacement	14	33.
Smoking cessation medications (non-nicotine)	15	35.
Medications for psychiatric disorders	21	50.
Methadone	10	23.
Buprenorphine	19	45.
Subutex®	15	35.
Suboxone®	18	42.
Ancillary Services	42	100.0
Case management services	39	92.
Social skills development Mentoring/peer support	32 21	76.2 50.0
Child care for clients' children	0	0.0
Assistance with obtaining social services	32	76.2
Employment counseling or training for clients	21	50.0
Assistance in locating housing for clients	23	54.8
Domestic violencefamily or partner violence	12	28.
Early intervention for HIV	19	45.
HIV or AIDS education, counseling, or support	25	59.
Hepatitis education, counseling, or support	24	57.
Health education other than HIV/AIDS or hepatitis	26	61.
Substance abuse education	41	97.
Transportation assistance to treatment	12	28.
Mental health services	33	78.
Acupuncture	4	9.
Residential beds for clients' children	0	0.
Self-help groups	14	33.
Smoking cessation program	17	40.
	Facilitie	
Clinical/Therapeutic Approaches Used Always or Often or Sometimes	No.	05
Substance abuse counseling	40	95.
Relapse prevention	39	92.
Cognitive-behavioral therapy	39	92.
12-step facilitation	38	90.
Motivational interviewing	40	95.2
Anger management Continued.	38	90.5

	Faciliti	es
Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	No.	%
Brief intervention	37	88.1
Contingency management/motivational incentives	20	47.6
Trauma-related counseling	39	92.9
Rational emotive behavioral therapy	18	42.9
Matrix model	16	38.1
Community reinforcement plus vouchers	5	11.9
Other treatment approaches	10	23.8

Facility Capacity and Utilization Rate	Facility	Capacity	y and	Utilization	Rate
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	Residential	Hospital Inpatient
Number of facilities	6	3
Number of clients ²	121	167
Number of designated beds	139	116
Utilization rate (%)	87.1	144.0
No. of designated beds/facility (avg.)	23	39

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Hearing impaired/sign language	22	52.4
Any language other than English	18	42.9
Services Provided by:		
On-call interpreter	13	72.2
Staff counselor	1	5.6
Both staff counselor and on-call		
interpreter	4	22.2
Languages Provided by Staff Counselor: ¹		
Spanish	4	80.0
American Indian/Alaska Native	0	0.0
Other	3	60.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at: http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at: http://www.datafiles.samhsa.gov

Other substance abuse reports are available at:
http://www.samhsa.gov/data/



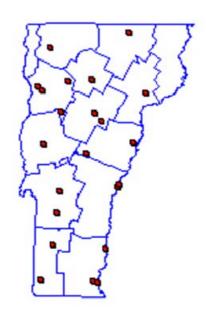
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services
Administration

Center for Behavioral Health Statistics and Quality www.samhsa.gov/data/

Programs for Special Groups

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-	Facilitie	es
	No.	%
Any program or group	33	78.6
Co-occurring disorders	21	50.0
Adult women	17	40.5
Adolescents	13	31.0
DUI/DWI offenders	18	42.9
Criminal justice clients	7	16.7
Adult men	13	31.0
Pregnant or postpartum women	7	16.7
Persons with HIV or AIDS	3	7.1
Seniors or older adults	2	4.8
Lesbian, gay, bisexual, or		
transgender clients	4	9.5
Other groups	9	21.4

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

http://findtreatment.samhsa.gov/

² Number of clients on March 31, 2010.